

# THE DIAMOND APPROACH<sup>®</sup>



A Contemporary Path of Spiritual Development Founded by A.H. Almaas

## THE HEART'S DESIRE

**September 10<sup>th</sup> & 11<sup>th</sup>, 2011 ~ Waldorf School - 350 Ulua Street - Honolulu, Hawaii**

*"Physical beauty is a very pale reflection of the beauty of Being, which is the nature of your soul. If you really recognize that the truth of who you are is so beautiful, so precious, so full of value, and so magnificent, you would devote the totality of your life to it. Everything in the universe, from beginning to end, is like dust compared to this magnificence, and every action and situation is expendable for this preciousness." - A.H. Almaas*

Our soul longs to find its way home to what is real and true in us and there is no more direct route than following our heart's desire. We can learn to align our soul with the compass of our heart in order to move closer to that which most deeply satisfies us.

The main practice of the Diamond Approach is open ended inquiry. We also incorporate breathe and bodywork, meditation practices, self-remembering and private session work.

*"I have had a life changing experience working with Hameed Ali (A.H. Almaas) and the Diamond Approach for the past 26 years. The Diamond Approach is among the most integrated and visionary teachings of body, heart and spirit that I know." - Jack Kornfield, Ph.D Author of "A Path with a Heart"*

### YOUR PRESENTERS

**Lisa Barrett** is a certified teacher of the Diamond Approach and has been involved in the Work for over 20 years. She works privately with individuals and assists with groups in Hawaii, New Zealand, and Canada.

**Jim McCall** has been in the Diamond Approach since 1990 & completed the 10 year teacher training in 2005. He works with individuals in private sessions in Hawaii and will be assisting groups in Australia and New Zealand.

### DATE

September 10<sup>th</sup> & 11<sup>th</sup>  
10 am to 5:30 pm  
(90 minute lunch breaks)

### LOCATION

Waldorf School  
350 Ulua Street  
Honolulu

### TUITION

**\$175**  
(\$150 if registered by August 10th)  
Student Discounts Available

**REGISTER EARLY - SPACE IS LIMITED TO 25 PEOPLE ONLY!**

**Private one to one sessions are available for people interested in exploring the work on an individual basis**

**For Information, Registration and to Inquire about Private Sessions Contact:**

**Jim McCall - call 808.870.2222 or email: [jimmccall.da@gmail.com](mailto:jimmccall.da@gmail.com)**

[www.diamond-approach.org](http://www.diamond-approach.org) ~ [www.ridhwan.org](http://www.ridhwan.org) ~ [www.ahalmaas.com](http://www.ahalmaas.com)